

Lymphatic Education Series



Join Jenn Fernandez, PTA, Certified Lymphedema and Oncology Rehabilitation Therapist to learn more about your lymphatic system and lymphedema. Each informal session will include a short presentation followed by Q&A.

2025 DATES & TOPICS:

Wednesday, March 19

The Lymphatic System and Lymphedema

Wednesday, June 4

Taking Care of Your Lymphatic System and Lymphedema Risk Reduction

Wednesday, September 17

Lymphatic Cording

Wednesday, December 10

Exercise and Lymphedema

TIME

12 – 1 pm

LOCATION

Health Resource Center, 1350 S. Eliseo Drive

RSVP

To reserve your spot, leave a voicemail at 415-925-7299 or email

Jennifer.Fernandez@mymarinhealth.org