Suspect a Stroke? BEFAST!

Î	Balance	Is there a sudden loss of balance or coordination?
	Eyes	Is there sudden loss of vision in one or both eyes?
	Face	Ask the person to smile. Look for facial droop or a lopsided grin.
and the second s	Arm	Have the person close his/her eyes and hold both arms out with palms facing up. Look to see if one arm drifts down, or if he/she experiences weakness, tingling, or inability to move an arm or leg.
\bigcirc	S peech	Check to see if the person is slurring words, speaking nonsense, or not able to talk at all.
	Time	Note the time the symptoms started, or the last time the person was known to be well. This is important information for the medical team treating the patient.

IF YOU OR SOMEONE ELSE EXPERIENCES ANY OF THESE SYMPTOMS, CALL 911 IMMEDIATELY.



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