Cancer Resources
This document is an alphabetical list of various resources that are available for you both online and in our community. A Patient Navigator is also available to meet with you in person to help you find the right resources for you by calling 1-415-925-7010, ext. 6195.

Caregiving
CaringBridge.org
Update family and friends on a patient’s care through website and email updates
www.caringbridge.org

Family Caregiving Alliance
1-415-434-3388
www.caregiver.org
(Also available in Chinese)

Lotsahelpinghands.org
Create a personalized calendar where family and friends can sign up to help with tasks such as housecleaning, meal delivery and rides
www.lotsahelpinghands.org

Emotional Support
American Cancer Society (ACS): 1-888-227-6333
Reach to Recovery Transportation Assistance Program, Lodging resources, Education and Information, Support and Financial resources

CancerCare: 1-800-813-HOPE (4673)
Telephone support for patients by Oncology Social Workers.
www.cancercare.org
www.cancercare.org/espanol

MD Anderson Network
A national telephone peer-to-peer support network.
1-800-345-6324
www.mdanderson.org
Financial Assistance
CancerCare: 1-800-813-HOPE (4673)
Financial assistance programs and patient support.
www.cancercare.org

Cancer Care Copays
Assists people who cannot afford insurance co-payments to cover the cost of medications for cancer treatment.
www.cancercarecopay.org

Cancer Financial Assistance Coalition
www.cancerfac.org

Partnership for Prescription Assistance
www.pparx.org

Transportation
American Cancer Society (ACS) – Road to Recovery Program
1-888-227-6333
www.cancer.org
(Also available in Asian and Pacific languages)

Whistlestop Wheels
Transportation for Marin seniors (60+) and those who are disabled.
1-415-456-9062

Insurance
Disability Benefits 101
Information on health coverage, disability benefits and employment programs.
Información sobre el seguro de salud, seguro de invalidez y los programas de empleo.
www.ca.db101.org

Medicare
Information about Medicare and online application.
www.medicare.gov

Medi-Cal
Includes information about Medi-Cal and online application.
www.medi-cal.ca.gov
Insurance (cont.)

SDI—State Disability Income (short term disability income)
Includes eligibility information, information, and online application.
www.edd.ca.gov

SDI—Información sobre discapacidad del estado
www.edd.ca.gov/Informacion_General_en_Espanol.htm

Social Security and SSDI (long term disability income)
Social Security Disability Income
www.ssa.gov

Integrative Services

Integrative Wellness Center
Nutrition counseling, Exercise counseling, Therapeutic massage, Acupuncture, Jin Shin Jyutsu Guided Imagery and other healing services.
1-415-925-7620

Marin County Resources

Marin Center for Independent Living
Benefits counseling, advocates for disabled rights, financial assistance programs available.
1-415-459-6245
www.marincil.org

Meals

Ceres Community Project of Marin
Organic meals for those facing cancer and other illnesses.
www.marin.ceresproject.org

General Assistance (CalFresh/ Food Stamps)
Information and online application. Multiple languages available on website.
1-415-473-3400
www.c4yourself.com

Meals on Wheels
Home delivered frozen meals available seven days a week
1-415-507-4300
Workplace
Cancer and Careers
www.cancerandcareers.org

Equal Employment Opportunity Commission
Questions and Answers about cancer in the workplace and the Americans with Disabilities Act (ADA)
www.eeoc.gov/facts/cancer.html

Survivorship
American Society of Clinical Oncology—Online survivorship care plans
www.cancer.net/survivorship

Impotence Specialists
www.impotencespecialists.com

LIVESTRONG Survivor Care
www.livestrong.org

My Journey Forward
Online survivorship care plan
www.journeyforward.org

National Comprehensive Cancer Network: Life After Cancer
www.nccn.com/life-after-cancer

National Coalition for Cancer Survivorship
www.canceradvocacy.org