Hyperglycemia (High Blood Glucose)

**Causes:** Too much food, too little insulin or diabetes pills, illness, or stress.

**Onset:** Often starts slowly.

**Some Symptoms:**
- Extreme Thirst
- Need to Urinate Often
- Dry Skin
- Hungry
- Blurry Vision
- Drowsy
- Slow Healing Wounds

**HIGH BLOOD GLUCOSE MAY LEAD TO A MEDICAL EMERGENCY IF NOT TREATED.**

**What Can You Do?**

If your blood glucose levels are higher than your goal for three days and you don’t know why,

**CHECK BLOOD GLUCOSE**

**CALL YOUR HEALTHCARE PROVIDER**

For more information, call the Novo Nordisk Tip Line at 1-800-260-3730 or visit us online at ChangingDiabetes-us.com.

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