



## MyChart: An easy, secure way to manage your healthcare needs

On **Thursday, August 1, 2019**, we are transitioning to a new online patient portal called MyChart. This change coincides with the launch of APeX, our new electronic health record that will connect all of our healthcare providers through one system. While this is a significant shift for us, please know that you remain our top priority. In order to minimize any disruption to your care, we have planned ahead to ensure additional clinical and technology support staff are readily available during this transition. We have completed extensive training on the new system and staff may be spending more time on the computer than usual as we become proficient.

We are excited about this change as it is the result of years of preparation and will enhance the care we provide to our patients!

### Key MyChart Features for You

MyChart helps you communicate more efficiently with your doctor's office and play a more active, engaged role in your care. With MyChart, you can:

- Request and see upcoming appointments
- View your health summary, including a list of your allergies, medications, immunizations, and health issues
- Receive reminders about important screenings and tests that help you stay healthy
- Get test results
- Send messages to your doctor's office
- Renew prescriptions
- Pay medical bills
- Manage healthcare for your loved ones as a caregiver

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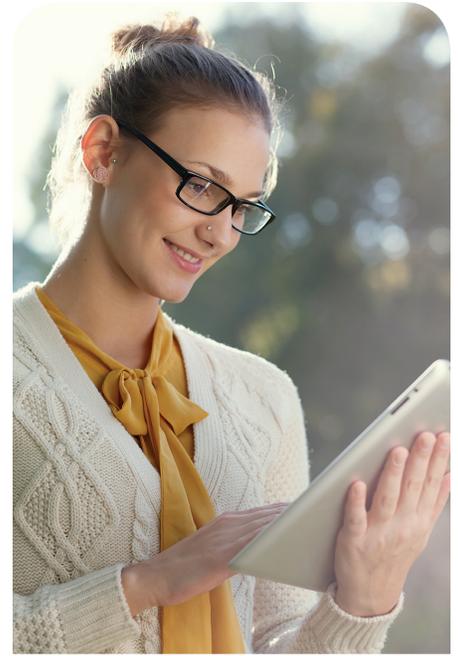
## How to Sign Up

1. Get your MyChart Activation Code in one of these four ways:
  - During an in-person office visit with a primary or specialty care provider
  - Printed on your After Visit Summary
  - Printed on your Billing Statement
  - In person at Medical Records
2. Once you receive your Activation Code, register online at **[www.ucsfhealth.org/ucsfmychart](http://www.ucsfhealth.org/ucsfmychart)**.
3. Note: If you have been a UCSF Health patient before, you may already have a MyChart account.

Please sign up soon, as this will be an easy and convenient way for you to interact with your doctor and clinic staff.

## FollowMyHealth & Previous Medical Records

You will continue to have access to the FollowMyHealth Patient Portal, however it will only include your historical health information (entered prior to August 1, 2019). To view health information updated by your provider on August 1, 2019 or later, sign up for a MyChart account.



## MyChart Support

If you need help with the activation process or have questions, please call the MyChart Customer Support Team at 1-415-514-6000, 24 hours a day, seven days a week.