

# **Urgent News!**

## Our New Urgent Care Clinic Is Now Open.

Where do you go for swift medical attention, if you can't get in to see your regular doctor and it's not quite emergency-room worthy? Our new Urgent Care Clinic is here for you. Our clinic is quick, convenient, and makes every effort to be COVID-19 safe. Our emergency and internal medicine physicians care for patients from pediatric (3+ months) to geriatric, and we treat most injuries and illness from strep to sprains to allergy attacks (see back for more details on conditions treated). We're open for extended hours on weekdays, and we're open weekends too.

We are not currently administering COVID-19 tests, treatment, or vaccines. All patients will be screened when arriving or calling for an appointment. If you have COVID-19 symptoms, call our hotline at 1-628-336-5205 for screening and referral.

Imaging facilities in the same building allow for quick diagnosis of fractures and sprains. If needed, patients may be referred to a specialist for additional care or hospitalization.

### Our new clinic is the perfect solution:

- When you need care outside of regular office hours
- When your doctor can't fit you in soon enough
- When you need services your doctor doesn't provide, such as stitches

Don't let a minor injury or ailment turn into a major hassle. We're here for you!

For information on when to visit Urgent Care, the Emergency Department, or call an ambulance, see the back of this flyer.

Same-day appointments available.

Walk-ins welcome.

### **Urgent Care Overview**

### MarinHealth Urgent Care A UCSF Health Clinic

4000 Civic Center Drive Suite 206 San Rafael, CA 94903

### **Hours of Operation**

Monday - Friday, 10 am - 8 pm Saturday & Sunday, 9 am - 5 pm

1-415-925-8865

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## Is It an Emergency, or Just an Urgency?

## When to Call an Ambulance, Go to the Emergency Room, or Visit Urgent Care.

When seeking medical care, taking a minute before deciding where to go can mean better, more efficient care for everyone. And it can even save your life!

Symptom	Urgent Care	Emergency	911/Ambulance
Minor fractures, sprains, strains (no casting)	Х		
Head injuries		X	
Allergies & asthma	X		
Cold, flu, earache, headache, or sore throat	X		
Upset stomach, diarrhea	X		
Urinary tract infections	Х		
Fever under 105°F	X		
Fever over 105°F		X	
Cuts, rashes, or burns	X		
Bleeding that won't stop		X	
Bad or worsening medication reaction, overdose, or poisoning		X	
Worsening reaction to an insect bite	X		
Foreign body removal	X		
Possible heart attack*  Chest pain/discomfort  Sudden dizziness/weakness  Heartburn, nausea, or abdominal pain  Difficulty breathing  Pounding heart/change in heart rhythm  In women, signs of a heart attack are less severe and often not accompanied by chest pain or discomfort.			X
<ul> <li>Potential stroke</li> <li>Sudden numbness or weakness of the face, arm, or leg, especially on one side of the body</li> <li>Sudden confusion, trouble speaking, or understanding</li> <li>Sudden trouble walking, dizziness, or loss of balance/coordination</li> <li>Sudden trouble seeing out of one or both eyes</li> <li>Sudden, severe headache with no known cause</li> </ul>			X



MarinHealth Medical Center is a certified Emergency & Trauma Center, a Primary Stroke Center, and an accredited Chest Pain Center. Our Urgent Care Clinic is not equipped to handle Behavioral Health concerns. Patients experiencing psychiatric distress should go to the Emergency Department.